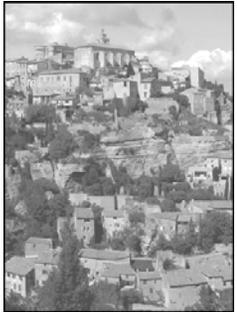


## **PROVENCE FOR BODY & SOUL** **04-11 May 2006**



### **Thursday, 04 May:**

Afternoon arrival in **Avignon**; private coach to hotel inside the city walls; settle in; early evening stroll through the town center; welcome dinner in the town square; overnight in Avignon.



### **Friday, 05 May:**

Private coach to the countryside Cistercian **Senanque Monastery**; lunch in the picturesque hill-town of **Gordes**; afternoon visit to the colourful mountain-top houses of **Roussillon** and its ochre mountain; overnight in Avignon.



**Saturday, 06 May:** Private coach to **Nimes**, a city conquered by the Romans in the 1st century BC; visit a Roman temple and coliseum; picnic lunch by the spectacular 2000-year-old Roman aqueduct, the **Pont du Gard**; walking tour of the town of **Uzes**; overnight in Avignon.

### **Sunday, 07 May:**

Private coach to **L'Isle-sur-la-Sorgue's** bustling and colourful street market along the canals; afternoon visit to **Fontaine-de-Vaucluse** for

lunch; a refreshing riverside walk; visit to the small church on the town square; overnight in Avignon.

### **Monday, 08 May:**

Private coach to **Orange**; visit the town, the Roman theatre and the triumphal arch of Tiberius; afternoon guided tour of the Palais des Papes in **Avignon**; overnight in Avignon.



### **Tuesday, 09 May:**

Private coach through the lovely countryside to **Aix-en-Provence**; settle into new hotel; afternoon guided tour of this beautiful, tree-shaded town centre, its main street punctuated with bubbling fountains and fine outdoor restaurants; overnight in Aix.

### **Wednesday, 10 May:**

Private coach: Morning departure for **Château Val Joanis**: a guided tour of the winery and its



beautiful gardens, enjoy an aperitif, sample various flavours of olive oil and Provençal tapenade, enjoy lunch served on the terrace in the shade of plane trees, accompanied by Val Joanis wines, of course; free afternoon in **Aix**.

### **Thursday, 11 May:**

Private coach to **Marseille airport**; return to **Toronto** via Paris, or other adventures (Paris? London? Barcelona? Linger in Provence?).



**Ted Scott, Tour Guide**  
**[www.TedScott.com](http://www.TedScott.com)**

### **ABOUT PROVENCE/TUSCANY TOURS**

These tours are a partnership of an architect/historian/photographer, **Ted Scott**, with a travel agency, **KOMPAS Express**. Together, this knowledgeable team offers inspiring, exciting tours focusing on beautiful, thought-provoking, historical sights and local culture.

### **PROVENCE FOR BODY & SOUL TOUR COST**

The cost for the PROVENCE FOR BODY & SOUL tour is \$XXXXCDN per person based upon double occupancy

**INCLUDED:** return airfare from Toronto; ground transport by private coach; baggage (one bag per person) transfers; hotel accommodation; all breakfasts; one dinner with wine; two lunches; one picnic with wine, all entry fees to the sights listed in the itinerary.

**NOT INCLUDED:** meals other than those listed above; items of a personal nature; extra hotel charges, i.e.: room service, phone, fax, etc.

**REGISTRATION DEADLINE:** 15 Feb 2006